



Welcome to Hearing Nelson's Summer 2021 Newsletter

President's Preamble

By Connie Charlton

I hope the beginning of 2021 is treating you well after a contented and restful holiday.

The staff and Board resumed early, preparing for a busy year ahead. We are planning a series of events to highlight the importance of hearing.

We begin with Hearing Awareness Week (1st – 7th March) and three presentations by Professor Dirk De Ridder from Otago University who has been ranked top-rated expert worldwide for expertise in tinnitus. Dirk researches various aspects of this condition from cause to treatment and will update us with the latest information. Tracy Dawson, our Education and Communication Manager, will encourage, cajole and implore you, your children and grandchildren to protect your ears and hearing. Not to be missed!

Later in March we have a movie night scheduled which will be captioned on screen. We hope you will bring a Hard of Hearing friend who wouldn't normally bother going to the movies. For an update on this and our other events please like us on Facebook and check out our Nelson and Waimea Weeklies feature on 24th February.

Other projects happening in the background include our NZ Sign Language in schools programme expanding into Intermediates, New World Supermarkets around the South Island are keen to adopt our NZ Sign Language scheme and our new website goes live very soon.

On Monday, March 29th, we will hold our AGM. This is my last President's Preamble as I step down from the role.

Thank you for your support of our organisation.

Best wishes, Connie

Morning tea

Date: 29th March 2021

Time: 10.00 am

**Venue: Hearing House,
354 Trafalgar Square, Nelson**

Followed by the AGM



Notice of ANNUAL GENERAL MEETING HEARING ASSOCIATION NELSON Inc.

Monday 29th March 2021 at 10.30 am

At Hearing House

354 Trafalgar Square, Nelson

Agenda

Minutes of previous AGM

Annual Reports and Accounts

Election of Board Members

General Discussion

**Please let us know if you will be attending the
AGM for catering numbers.**

HEARING AWARENESS WEEK: 1 – 7 MARCH 2021

Hearing New Zealand and its 23 Branches throughout New Zealand are preparing for this year's Hearing Awareness Week in March.

World Hearing Day 2021 marks the launch of the World Health Organisation (WHO) World Report on Hearing, presenting a global call for action to address hearing loss and ear diseases across the life course.

The theme for World Hearing Day 2021 is:

Hearing care for ALL!

Screen. Rehabilitate. Communicate

World Hearing Day is the ideal opportunity to spread the word and raise the profile of ear and hearing care in peoples' minds, in the world's media and on the global health agenda.

See below for local activities.

Join us for a Hearing Nelson presentation

3rd and 4th March 2021

Understanding Tinnitus... A neurosurgeon's perspective

Preventing noise induced hearing loss in our youth



Keynote Speaker – Professor Dirk De Ridder, Neurosurgeon

Professor Dirk De Ridder is currently Professor of Neurosurgery at Dunedin School of Medicine, University of Otago, and is recognised as the world leading expert on tinnitus. Dirk will present from the perspective of a Neurosurgeon on the causes of tinnitus, the complex nature of tinnitus, treatment options and developments in research. For anyone working in a noisy environment, who has experienced tinnitus or is interested in brain health, this will be a very informative presentation.



Tracy Dawson – Education and Communication Manager, Hearing Nelson

Research indicates that one in three of our youth are showing signs of hearing loss due to unsafe listening habits. Tracy has spoken to over 5,000 students across the region, educating them about the risks of noise exposure. Parents and grandparents are encouraged to attend the talk and reinforce the case for preservation. Tracy will speak about noise induced hearing loss, how noise affects hearing, health, and happiness, listening guidelines and the benefits of taking a mindful approach to noise.

Sessions times and venues – Both speakers will present at each session

Wednesday 3 rd March	Lunchtime session	12.15 pm – 1.45 pm	Tui Room, Greenmeadows Stoke
Wednesday 3 rd March	Evening session	6.30 pm – 8.00 pm	Trafalgar Park Pavilion Nelson
Thursday 4 th March	Early bird session	7.30 am – 9.00 am	Richmond Library, Queen St Richmond

To register for one of the sessions please call: Hearing Nelson on **03 548 3270** or email office@hearingnelson.co.nz

Free entry. A discretionary donation at the event is welcome.



Hearing Awareness Month – March 2021

During the month of March 2021 Hearing Nelson will be running a raffle.

Raffle prizes include:

Little Bird Audiology – One free consultation up to the value of \$230.00

Trailways Hotel Nelson – 2 x \$50.00 vouchers

Kush Coffee – 2 x \$20.00 vouchers

Chocolates and other goodies

Tickets: \$2.00 for 1 or 3 for \$5.00

Tickets available at:

The Hearing House, 354 Trafalgar Street, Nelson
1st – 31st March 2021

New World Stoke – 2nd March 10.00 am – 2.00 pm

New World Nelson – 3rd March 10.00 am – 2.00 pm

Thank you to the Lioness Club of Nelson

Drawn 31st March 2021

Trial Participants Wanted for Theatre Shows!

The fine folk at the Theatre Royal are very aware of how difficult it can be for people with hearing loss to feel included in shows, concerts and presentations. They have recently completed installation of a new sound system that incorporates use of a free app and their complimentary wi-fi to connect the speaker sounds with your hearing aid (or ordinary ear buds) via Bluetooth from your smart phone.



They need your help to fine tune the system and have limited complimentary show seats available to Hearing Nelson members who are willing to take part in a trial. Ideally you will need to have a hearing aid with Bluetooth capabilities or assistive technology with Bluetooth and ideally a smart phone, but the Theatre Royal also has phones available for your use if yours isn't up to the task. They also offer a T-loop system, which could be employed if you don't have a compatible hearing aid.

The trials will begin in March (Hearing Awareness Month!) and run until the end of April on a first come first served basis. Please contact Theatre Royal on phone 03 [548 3840](tel:5483840), say you are Hearing Nelson member who wants to help with the sound trial and book your free show along with the opportunity to help other people with hearing loss!

Hearing aid care – keeping your hearing aid clean and dry helps to extend the life of them.

Here are some helpful tips:

1. Avoid moisture and store in a dry place
2. Change hearing aid batteries often
3. Keep hearing aids free of earwax
4. Change your wax filter
5. Always handle with care
6. Schedule routine cleaning and drying
7. Visit a Hearing Nelson Clinic or come in to see us at the Hearing House, 354 Trafalgar Square, Nelson

2021 Hearing Nelson Membership Fees are due for renewal

1st January 2021 - 31st December 2021

Cost \$30.00 per annum

Payment Options:

1. Direct Credit to Hearing Nelson: Bank Account 03-0703-0487177-00
(Please quote Name e.g. Joe Brown)
2. Come in and pay at Hearing House, 354 Trafalgar Square, Nelson

As a Member of Hearing Nelson you will receive:

- Free hearing aid cleaning and drying
- Community clinic services in Stoke, Richmond, Motueka and Golden Bay
- Discounts on assisted devices
- Discounts on hearing aid batteries, cleaning and drying products and a range of other products
- Quarterly newsletters giving up to date news and information
- Invitations to special events – workshops, speakers, Christmas parties

Thank you to those who have paid their membership for 2021.

NB: We do not send invoices or reminder letters that your membership is due.

Hearing Aid Clinics in the Community February – June 2021

For an appointment call 03 548 3270

\$10.00 or FREE for Members

Clinics	Dates
Oakwoods	Tuesday 9th March 2021
Takaka	Thursday 18th March 2021
Ernest Rutherford	Tuesday 23rd March 2021
Motueka	Thursday 15th April 2021
Takaka	Thursday 15th April 2021
Summerset in the Sun	Tuesday 27th April 2021
Oakwoods	Tuesday 11 th May 2021
Takaka	Thursday 20th May 2021
Ernest Rutherford	Tuesday 25 th May 2021
Motueka	Thursday 10th June 2021
Takaka	Thursday 17th June 2021
Summerset in the Sun	Tuesday 22 nd June 2021



RG & EF

MACDONALD

Thank you to our funders for their continued support. We really appreciate it!!!

Hearing Association Nelson Inc. / www.hearingnelson.co.nz / office@hearingnelson.co.nz

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